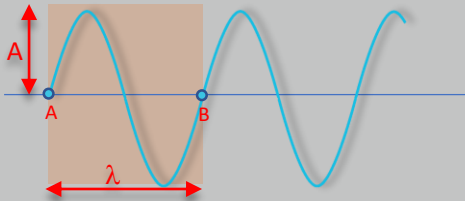


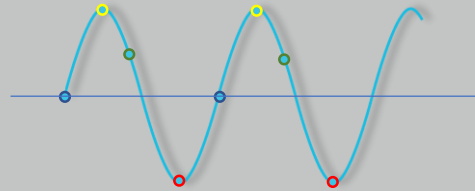
Light wave

A light wave has **Amplitude (A)**



The **wavelength (λ)** represents **1 cycle** of the wave

A light wave also has **phase**

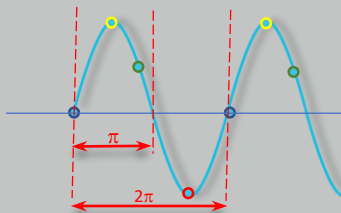


Points of **equal phase** are colour coded above

A wavelength is the distance between 2 points of equal phase

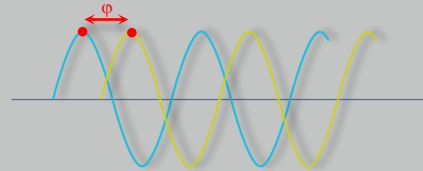
Phase difference

The distance between 2 points on a wave is stated as a value between **0 and 2π** (known as radians).



Distance between points of equal phase = 1 wavelength = 2π

One wave can be **phase shifted** relative to another wave

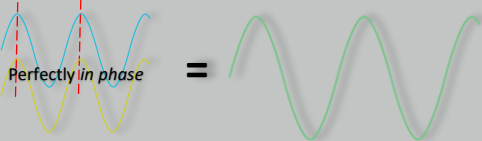


Here **wave 2** is shifted by ϕ relative to **wave 1**

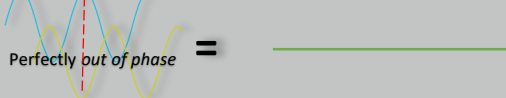
This situation can lead to waves **interfering**

Interference

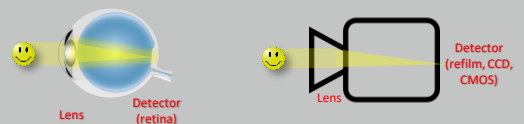
Constructive interference = overall increase in amplitude (A)
Results in a brighter image



Destructive interference = Overall decrease in amplitude (A)
Results in a darker image



Traditional imaging uses **interference** of light to **form images**



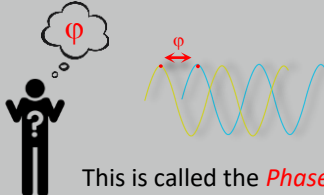
The image is an **intensity pattern** formed by the **constructive and destructive** interference of the **light waves**

The intensity (I) is related to the wave amplitude (A) by $I \propto A^2$

Phase problem

Detectors are only sensitive to **intensity**

When light is interfered **all phase information is lost**



This is called the **Phase problem**

A number of techniques exist which can recover the Phase information

Within the field of cell biology we can group these techniques under the umbrella term :

Quantitative Phase Imaging (QPI)

This allows us to obtain high contrast information rich Images of living cells